

October

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 OFF	2 OFF	3 -Chicken and Waffles -Strawberries -Carrot Sticks with ranch	4 -Mac and Cheese -Fruit -Garlic Bread	5 -Grilled Ham and Cheese Sandwich -Chips -Fruit	6 OFF	7 OFF
8 OFF	9 OFF	10 -Nachos with Beef -Salsa & Sour Cream -Oranges	11 -Chicken Sandwich With BBQ -Chips -Carrots with Ranch	12 -Teriyaki Chicken -Chow Mein Noodles -Pineapple	13 OFF	14 OFF
15 OFF	16 OFF	17 -Hamburger -Chips -Cucumber Slices -Orange Slices	18 OFF	19 OFF	20 OFF	21 OFF
22 OFF	23 OFF	24 Corn Dog Cucumbers Mixed Berries Chips	25 Alfredo Pasta Breadstick Steamed Vegetables Oranges	26 OFF	27 OFF	28 OFF
29 OFF	30 OFF	31 Chicken Tenders Pineapple Green Beans				

